

**HEALTH HISTORY AND MEDICAL RELEASE FORM  
FOR PARISH PROGRAMS AND ACTIVITIES**

Participant's Name \_\_\_\_\_ Sex \_\_\_\_\_ Birth Date \_\_\_\_\_ Age \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Relationship to participant \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone Number \_\_\_\_\_

Allergic Reactions (Please list all know allergies – plant, insect, food, medicine AND TYPE OF REACTION:  
\_\_\_\_\_

Please indicate any other medical problems/situations pertinent to your child  
\_\_\_\_\_

Any physical limitations? \_\_\_\_\_ If yes, explain \_\_\_\_\_

Any emotional/psychological limitations or reactions to be aware of? \_\_\_\_\_ If yes, explain: \_\_\_\_\_

Is the student presently taking any medication? \_\_\_\_\_ All medication is to be well labeled with clear, concise directions indicated here (frequency, dosage, etc) \_\_\_\_\_

In an EMERGENCY, and if unable to reach parent/guardian we should contact:

1. Name \_\_\_\_\_ Phone Number \_\_\_\_\_
2. Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Note parent/guardian: Please read the following sections carefully. We apologize for the complexity but we must be sure we have your full consent in these areas as well as having this document notarized.  
\_\_\_\_\_

**PERMISSION FOR ROUTINE MEDICAL TREATMENT**

All attempts will be made to notify you if your child requires medical treatment (i.e. cases of high, persistent fever, severe vomiting, etc.) Please indicate whether or not you wish attempts to be made to contact you if your child becomes ill with minor symptoms (ie: headache, sore throat, low-grade fever, etc) YES \_\_\_\_\_ NO \_\_\_\_\_

We do not wish to give any medical treatment to your son/daughter against your wishes or family practice. Please read each of the following statements carefully and **sign only either A or B** which is in accord with your wishes.

- A) I grant permission for non-prescription medication (ie Tylenol, cough syrup, etc) except for the following \_\_\_\_\_ to my student if deemed advisable by the designated supervisor, and I grant permission for routine non-surgical medical care to be given to my student, if deemed advisable by the designated supervisor (s).

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

**OR**

- B) I do not want ANY type of medication administered to my child unless the situation is life-threatening and emergency treatment is required.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

**PERMISSION FOR EMERGENCY MEDICAL TREATMENT**

In case of emergency, I hereby give permission to transport my child to the nearest hospital/emergency center for emergency medical or surgical treatment. I will be contacted as soon as possible and will be advised prior to any further treatment by the hospital or doctor.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

Family Insurance Provider/Health Plan \_\_\_\_\_

Health Plan Number \_\_\_\_\_