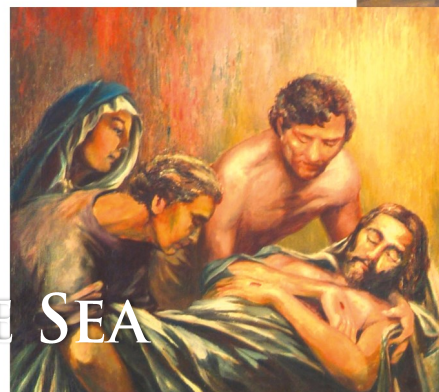
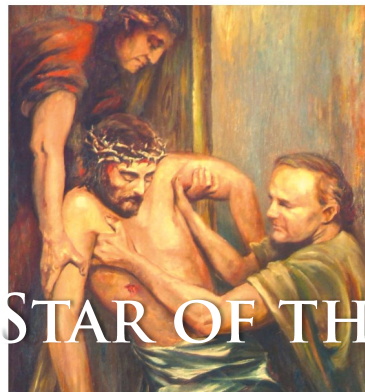
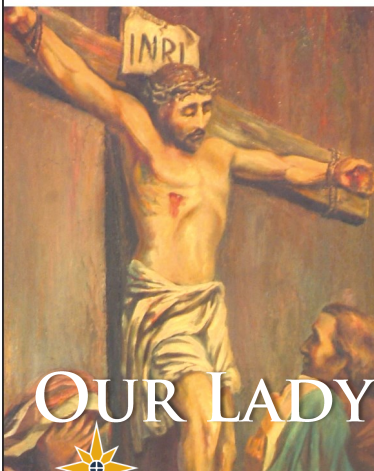
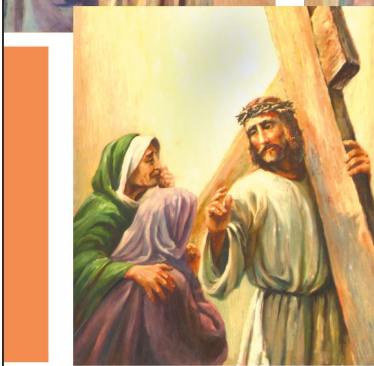
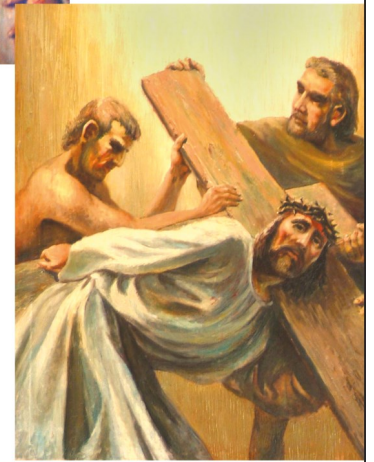
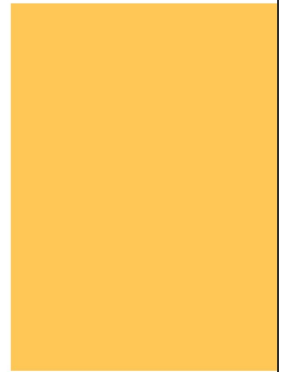
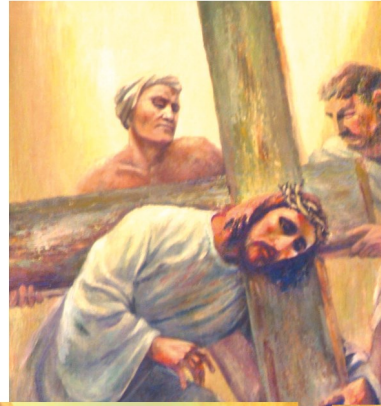
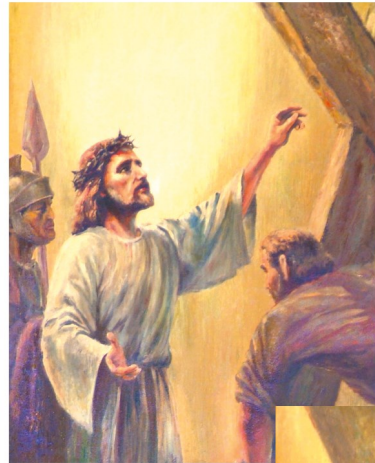


Lord Jesus,
HELP US WALK IN YOUR STEPS.

March 29, 2020



OUR LADY STAR OF THE SEA

OLSOS.ORG



WITH MARY, WE BRING PEOPLE TO CHRIST TO LIVE THE LOVE OF GOD

mass times & information

SAT 4:00 p.m. (Vigil)
SUN 8:00 a.m.
9:30 a.m.
11:30 a.m.
MON 7:30 a.m.
TUE 7:30 a.m.
WED 7:30 a.m.
THU 7:30 a.m.
FRI 8:30 a.m.

PARISH OFFICE HOURS

MON 8:00 a.m. - 5:00 p.m.
TUE 8:00 a.m. - 5:00 p.m.
WED 8:00 a.m. - 5:00 p.m.
THU 8:00 a.m. - 5:00 p.m.
FRI 8:00 a.m. - 5:00 p.m.
SAT Closed
SUN Closed
Holidays — Closed

BAPTISMS

Please call the parish office during the last months of pregnancy to arrange for Baptism classes and schedule the Sacrament. Everyone has a right to their own sacramental certificate. No one has the right to another person's certificate, except: the parent/guardian of a minor child. (Archdiocese of Detroit)

RECONCILIATION

SAT 3:00 p.m. until all have been heard and by appointment

ANOINTING OF THE SICK/ MINISTRY TO THE SICK

The Church strongly encourages people to receive the Sacrament (Anointing) of the Sick at the early stages of serious sickness or before serious surgeries.

In emergency situations needing the prompt attention of a priest, please call the parish office.

MARRIAGE

Archdiocesan law requires advance notice of at least six months.

PARISH REGISTRATION

Newcomers to the parish may register in the Parish Office during regular office hours. Others, please notify the Parish Office of address changes.

Adults over 21 need to be registered as an individual member to be considered a Catholic in Good Standing.

Hearing devices are available for use during Mass. Please ask an usher for assistance.

Stations of the Cross

On the cover of this bulletin you find pictures of the 14 Stations of the Cross.

The traditional 14 stations of the Cross are: (1) Jesus is condemned to death, (2) Jesus accepts the cross, (3) Jesus falls the first time, (4) Jesus meets His Mother, (5) Simon of Cyrene carries the cross, (6) Veronica wipes the face of Jesus, (7) Jesus falls the second time, (8) Jesus meets the women of Jerusalem, (9) Jesus falls the third time, (10) Jesus is stripped of His garments, (11) Crucifixion: Jesus is nailed to the cross, (12) Jesus dies on the cross, (13) Jesus' body is removed from the cross and (14) Jesus is laid in the tomb and covered in incense.

The Stations can be prayed at any time of the day, any day.

Traditionally people pray them on Fridays of Lent. I know there has been a greater interest to pray the Stations during this pandemic time.

For those who have an internet connection, you can search and there are so many Stations of the Cross available for you to pray.

There are also some neat videos of the Stations. Other sites offer a range of very traditional images of the Stations to the more contemporary. I encourage you to reflect upon the stations and pray them at home.



I encourage you to not forget about Lent! I know we are rather consumed with the health crisis surrounding us, and rightfully so. Continue to pray. Pray for those effected by COVID 19. Pray for all those in the medical field taking care of so many people. Pray for an increase of the necessary supplies to keep the professionals healthy! Pray for the sick and the deceased. Pray for all those who are making decisions, whether in the government or the Church, to help us deal with this situation in a way that expressed concern for the whole community. Let us pray for each other...and help each other!

Know that Our Lady is watching out for us. Pray to her. She is our Mother and will take care of us.

May the Divine Physician heal us. May Our Lady hear our prayers. May the Holy Spirit strengthen us and awaken in us all that we need with power and conviction.

Msgr. Gary Smetanka

The Memorare

REMEMBER, O most gracious Virgin Mary,
that never was it known
that anyone who fled to thy protection,
implored thy help, or sought thy intercession
was left unaided.
Inspired with this confidence,
I fly to thee, O Virgin of virgins, my Mother;
to thee do I come; before thee I stand, sinful and sorrowful.
O Mother of the Word Incarnate,
despise not my petitions,
but in thy mercy hear and answer me. Amen.



Prayer to Our Lady of Lourdes

O Holy Virgin,
in the midst of your days of glory,
do not forget the sorrow of this earth.
Cast a merciful glance upon those who are suffering,
struggling against difficulties,
with their lips constantly pressed against life's bitter cup.
Have pity on those who love each other and are separated.
Have pity on our rebellious hearts.
Have pity on our weak faith.
Have pity on those we love.
Have pity on those who weep, on those who pray, on those who
fear.
Grant hope and peace to all. Amen

Mass Intentions

Monday, March 30

7:30 a.m.

+Frank & Josephine M. Colombo
+Ann Marie Rogier
+Nelson Leze

Tuesday, March 31

7:30 a.m.

The Homebound

Wednesday, April 1

7:30 a.m.

+Edmund Ahee, Jr

Thursday, April 2

7:30 a.m.

+Stephan Yuhase

Friday, April 3

8:30 a.m.

+Elsie Connors
+Edouard Stines

Saturday, April 4

4:00 p.m.

+Carmela Brucis
Anthony Ciaravino
+Mae Moeller
+Sally Biernat

Sunday, April 5

8:00 a.m.

Increase in Religious Vocations

9:30 a.m.

+Catherine Jaboro
+June Cuba
+Ross Martin
OLSOS Parishioners

11:30 a.m.

+Aaron Blair
+Virginia Mushenski

Mass will be offered daily. All
Mass intentions that are
scheduled will be fulfilled. Thank
you for your understanding
during this unfamiliar time.

A PRAYER FOR PROTECTION IN TIME OF PANDEMIC



The ancient fresco of Madonna del Soccorso (Our Lady of Help) in St. Peter's Basilica was restored with the support of the Knights of Columbus to mark the Year of Faith (2012-2013). Photo courtesy of Fabbrica di San Pietro/M. Falcioni.

O Mary,
you always brighten our path
as a sign of salvation and of hope.
We entrust ourselves to you, Health of the Sick,
who, at the Cross, took part in Jesus' pain
while remaining steadfast in faith.

O loving Mother,
you know what we need,
and we are confident you will provide for us
as at Cana in Galilee.

Intercede for us with your Son Jesus,
the Divine Physician,
for those who have fallen ill,
for those who are vulnerable,
and for those who have died.

Intercede also for those charged with
protecting the health and safety of others
and for those who are tending to the sick
and seeking a cure.

Help us, O Mother of Divine Love,
to conform to the will of the Father
and to do as we are told by Jesus,
who took upon himself our
sufferings and carried our sorrows,
so as to lead us, through the Cross,
to the glory of the Resurrection. Amen.

*Under thy protection we seek refuge,
O Holy Mother of God.
In our needs, despise not our petitions,
but deliver us always from all dangers,
O glorious and blessed Virgin. Amen.*

Adapted from the prayer of Pope Francis

KNIGHTS OF  COLUMBUS

In memoriam

3/29/1985	Robert Pfeffer
3/29/1989	Helen Wild
3/29/1993	Marie Kopitzke
3/29/1999	Elettra Alteri
3/30/1967	Maureen Jumer
3/30/1979	Lorie AnnByrne
3/30/1980	Raffaella Burgio
3/30/1980	Louis Weber
3/30/1984	Grace Mixich
3/30/1997	James Hathaway
3/30/2019	Nelson Leze
3/31/1975	Mary Michaux
3/31/1993	Mary Sherman
3/31/1996	Helen Staskowski
3/31/2005	Kathryn Artner
4/1/1959	Rosanna Jennings
4/1/1971	Frederick VanAssche
4/1/1989	Celine Stibich
4/1/1991	Theodore M. Barthel
4/1/1993	Charlotte Conroy
4/1/1996	Laura Cowden
4/1/2006	Mitchell Malicki
4/1/2008	John Bissa
4/1/2010	Angela Simoncini
4/1/2012	Betty Trentacoste
4/2/1977	Marguerite Crandall
4/2/1979	Robert Petz
4/2/1980	Hilda Garry
4/2/1985	Anthony Brinkman
4/2/1993	James P. Conroy
4/2/1998	Gilbert DiLoreto
4/2/2004	Agnes Borchak
4/2/2012	Stephen Yuhase
4/2/2013	Margaret Saponaro
4/3/1969	Runar Anderson
4/3/1971	Walter Sunday
4/3/1976	Kenneth Fisher
4/3/1980	Aubertine Coussement
4/3/1991	Lena Theresa Bologna
4/3/1996	Virginia Alden
4/3/1999	Joseph Baratta
4/3/2014	George Haezebrouck
4/4/1976	William Cavataio
4/4/2003	Paul Trupp
4/4/2005	Fern Pantano
4/5/1958	Stanley Condon
4/5/1967	Gusparro Cataldo
4/5/1976	Margaret Kelly
4/5/1999	Barbara Lemieux
4/5/2000	Elsie Connors
4/5/2001	John Quinlan

scripture readings

WEEK OF MARCH 29

SUNDAY

Fifth Sunday of Lent

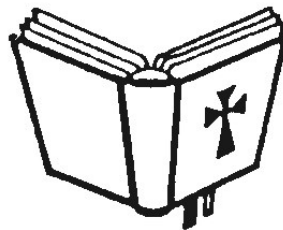
Ez 37:12-14
Ps 130:1-2, 3-4, 5-6, 7-8
Rom 8:8-11
Jn 11:1-45

Monday

Dn 13:41c-62
Ps 23:1-3a, 3b-4, 5, 6
Jn 8:1-11

Tuesday

Nm 21:4-9
Ps 102:2-3, 16-18, 19-21
Jn 8:21-30



Wednesday

Dn 3:14-20, 91-92, 95
Dn 3:52, 53, 54, 55, 56
Jn 8:31-42

Thursday

Saint Francis of Paola, Hermit
Gn 17:3-9
Ps 105:4-5, 6-7, 8-9
Jn 8:51-59

Friday

Jer 20:10-13
Ps 18:2-3a, 3bc-4, 5-6, 7
Jn 10:31-42

Saturday

Saint Isidore, Bishop and Doctor
of the Church
Ez 37:21-28
Jer 31:10, 11-12abcd, 13
Jn 11:45-56

Sunday

Palm Sunday of the Passion of the Lord

Mt 21:1-11
Is 50:4-7
Ps 22:8-9, 17-18, 19-20, 23-24
Phil 2:6-11
Mt 26:14—27:66

A prayer for Spiritual Communion

My Jesus,

I believe that you are present
in the Most Holy Sacrament.

I love you above all things
and I desire to receive you in my soul.

Since I cannot at this moment receive you sacramentally,
come at least spiritually into my heart.

I embrace you as if you were already there
and unite myself wholly to you.

Never permit me to be separated from you. Amen.

FORMING OUR FAITH



When we started the season of Lent with Ash Wednesday way back on February 26th, we had no idea just what a time of Prayer, Fasting and Almsgiving this was going to be! We find ourselves in the midst of a global pandemic with COVID-19 infecting people at an alarming rate. There is panic hoarding with shoppers stock piling toilet paper and cleaning products along with other basic necessities. You might ask, where is the grace of God in all of this?

We, the Body of Christ, are the grace of God in the here and now. We see it in the medical professionals who are working overtime to care for the sick, we see it in the groups who are gathering food to share with those who have none, we see it in the neighbors who are checking on each other, we see it in the faithful who are praying for an end to this crisis. Rather than complaining and questioning the government mandates, we need to practice obedience and follow guidelines that have been put in place to keep us safe. Practice social distancing, wash your hands, cover your mouth when you cough or sneeze and then wash your hands again. Sanitize ANYTHING you touch!

Take this time to review your Lenten plans and make changes as needed. While you can't volunteer to read to children in a classroom, you can spend more time in prayer or donate to a worthy cause instead. Stay positive and know that



For important updates from your parish, make sure that you have registered and provided us with your email address. Go to <https://www.olsos.org>

Suggestions . . .

Sunday Mass Livestream Schedule

<https://www.aod.org/livemasses>

Fr. Mike Schmitz, How Should Catholics Respond to the Coronavirus Pandemic?

<https://www.youtube.com/watch?v=RTP5P9PtYwA>

Ascension Press, 4th Sunday of Lent Reflection, <https://media.ascensionpress.com/video/fourth-sunday-of-lent-year-a/>

If not already registered, sign up for **Formed**. (I call it Netflix for Catholics) <https://www.olsos.formed.org> Once you are registered, click on **Browse** to see some of their content. Recommendations include:

- Forgiven: The Transforming Power of Confession
- Presence: The Mystery of the Eucharist
- Brother Francis videos (for children)
- Me & My House (for parents)

+++++

For these long days at home, we recommend a couple of free apps that your child may enjoy:



Bible for Kids



Little Saints Adventures

+++++

Almighty God,

We praise you for the gift of nature that we now have more time to appreciate.

We thank you for the many blessings you have bestowed upon us. Help us to be mindful of them every day.

May our experience of not being able to attend Mass together as the family of God help us to recognize our hunger for the Eucharist. Bless and protect all those who are caring for the sick and help each of us to be mindful of the needs of others. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, forever and ever. Amen.

**Please pray for
the sick**

Angela Agrusa
Daniel Ament
Jim Amori
Bruce Belcoure
Lisa Belcoure
Marie Brady
Rod Brown
Robert Caldwell
Cassidy Christie
Dr. William Collins
Sharon De Long
Virg Ditty
Joseph Drader
Dave Galbenski
Peter John Hanna
Linda Keschl

Steve Kocsis
Lynn Land
Luke Lleshaj
Phyllis Marek
Rev. Timothy Mazur
Mary Ann Montpetit
Kristina Mulder
Laura Murphy
Dan Murphy
Sue Nelson
Don Nelson
Marilyn O'Bryan
Sylvia Panicara
Jim Panicara
Lilian Rogers
Joe Ross
Terry Ryba
Josh Simon

Joseph Simon
Carmela Veneri
Charlotte Weekes
Fr. Francis Weingartz
those in the military
Joshua Bielak
Paul David Boni
James Patrick Carrier
Kyle Cone
Emily de Brun
Jason T. Erbecker
Ramon Lopez Garcia
Dylan Goitz
Kevin Hanley
Matt Helm
Matt Hoffman
Matthew Johnston
Justin Kelly

Paul Koss
Matt Lacy
Kyle Lechner
Thomas Miller
Joseph Misuraca
Michael Mott
Vincent Scalabrino
Meghan Servais
Dan Sheppard
Richard Shetler, III
Robert Skowronski
Antonio Spindler
Donte Spindler
Michael Trondle
Michael Ullman
John Walker



UNLEASH THE GOSPEL

go and make disciples

We are in the midst of an unprecedented pandemic and there's no use pretending that it isn't affecting us deeply and completely. Social distancing, lockdowns, CDC, WHO, are part of our everyday vocabulary and conversations. Never in my lifetime...we hear often.

As we face the fact that public health is most important, we also know that spiritual, mental and emotional health is too. Some of the precautions we are taking can trigger depression, anxiety and isolation.

As we face the prospect of weeks ahead without public Masses and a Holy Week and Triduum without being able to attend the most important liturgies of the year, we need to remember that Jesus is our hope.

During Lent we are focused on Jesus death and resurrection.

Jesus died but rose again on the third day. That is the essence of our beliefs. The story didn't end with the tomb. If the Gospels had stopped at the crucifixion and tomb, the story of Jesus would just be about a prophet who spent his life for an ideal.

In this case, the Gospel would simply become "an edifying and consoling book," but it would in no way "be an announcement of hope." Pope Francis

However, the Gospels go beyond the tomb, Francis said, explaining that "it is precisely this last part that transforms our lives." The resurrection is the foundation of our hope.

The world is suffering a crippling health crisis. No matter how strong or powerful or confident we are this affects us deeply. As strong and mighty as we can feel one day, we can feel just as lost and scared the next. The hardest part of these times is not to lose hope.

The theme of hope in seemingly hopeless times can be found many times in both the old and new testaments.

Focus on Abraham who was our father in faith and hope. We know that Abraham received amazing promises from God himself. At 99 years of age, he was promised that his descendants would be as numerous as the stars in the sky. It seemed impossible and Abraham had to believe that promise by faith.

"He believed, hoping against hope, that he would become "the father of many nations," according to what was said, "Thus shall your descendants be." Romans 4:18

Hope against hope is to have hope even when the situation appears to be hopeless. Rising above the feelings of hopelessness is not easy.

We may be afraid, have doubts, questions, and worries, but we also have hope.

Have faith and pray.

Hope against hope. God is with us.

One in the Spirit,
Joanne Mualem
Evangelization Commission

A Litany to Pray Frequently in Time of Health Pandemic

This may be prayed individually or in alternation with others.

Lord, have mercy. Lord, have mercy.

Christ have mercy. Christ, have mercy.

Lord, have mercy. Lord, have mercy.

Christ, hear us. Christ, hear us.

Christ, graciously hear us. Christ, graciously hear us.

O God the Father, Creator of heaven and earth, have mercy on us.

O God the Son, Redeemer of the world, have mercy on us.

O God the Holy Spirit, Sanctifier of the faithful, have mercy on us.

O holy, blessed, and glorious Trinity, one God, have mercy on us.

From all evil,

Lord, deliver us, we pray.

From every sin,

Lord, deliver us, we pray.

From everlasting death,

Lord, deliver us, we pray.

By your Incarnation,

Lord, deliver us, we pray.

By your Death and Resurrection,

Lord, deliver us, we pray.

By the outpouring of the Holy Spirit.

Lord, deliver us, we pray.

Holy Mary, pray for us.

Holy Mother of God, pray for us.

Mother of the Church, pray for us.

Mother of Christians, pray for us.

Mother of the human family, pray for us.

Refuge of sinners, pray for us.

Comforter of the afflicted, pray for us.

Consolation of the lonely, pray for us.

Solace of the fearful, pray for us.

Hope of the poor, pray for us.

Health of the sick, pray for us.

Companion of the dying, pray for us.

Strength of caregivers, pray for us.

Help of Christians, pray for us.

Queen of angels, pray for us.

Queen of apostles, pray for us.

Queen of martyrs, pray for us.

Queen of virgins, pray for us.

Queen of all saints, pray for us.

Queen of Heaven, pray for us.

Lamb of God, you take away the sins of the world, spare us, O Lord.

Lamb of God, you take away the sins of the world, graciously hear us, O Lord.

Lamb of God, you take away the sins of the world, have mercy on us.

Pray for us, O Holy Mother of God,

that we may be made worthy of the promises of Christ.

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Fifth Sunday Of LENT

Trust Him. Trust that He deeply loves you.

Trust that He has a plan for you. Trust that He is always with you.

Trust that His mercy is far greater than any sin. Accept His love.

Accept His love that led Him to the Cross. Accept His love that went through immense suffering so that He wouldn't have to live without you.

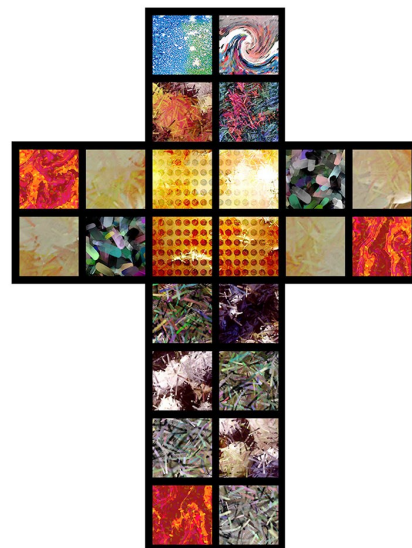
Accept His love from His Sacred Heart that beats for you.

Turn away from sin.

Make a commitment today to continue to hold fast to your Lenten resolutions.

Make a commitment to continue to seek Him even when it's hard and when life is busy.

Diocesan



*"I am the
resurrection
and
the life."*

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Fr. Jeff Allen

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