

# Topic: Confirmation Saints

Family Small Group for Confirmation Week 1/2 (September 26, 2021)

## Parent Resources

These resources may be helpful as you prepare for the week's family small group session. You may consider reading them in advance or sharing them with your student as you see fit.

**Catechism Readings:** None  
**Other:**  
[How to Choose a Confirmation Saint](#)

**Life Teen Resources:**  
Articles: [The Ordinarity of Sainthood](#)  
- [List of Confirmation Saints for Guys and Girls](#)

### 1. Opening Prayer (read together)

### 2. Personal Connection

**Come Holy Spirit**  
Come Holy Spirit,  
fill the hearts of your faithful  
and kindle in them the fire of your love.  
Send forth your Spirit  
and they shall be created.  
And You shall renew the face of the earth.  
  
O, God, who by the light of the Holy Spirit,  
did instruct the hearts of the faithful,  
grant that by the same Holy Spirit  
we may be truly wise and ever enjoy His consolations,  
Through Christ Our Lord. Amen.

**Parents-** Reflect on then discuss the following:  
  
Who is your confirmation saint? How did you select him or her? How has that saint, or any of the saints, impacted you or your faith life? How do you try to emulate the saints in your life?  
  
**After sharing, ask your student:**  
  
Have you considered your confirmation saint? If so, who and why? If not, what saint(s) inspire you? Why? Why do you think we should strive to emulate the saints?

### 3. Activity

#### Find it Fast!

This activity is a race between student and parent to find the answers to each of the following questions. Grab a device and get ready to search. Who can find it first? On your mark, get set, go!

1. Who is the newest canonized saint?
2. What country has the most canonized saints?
3. Name someone currently "beatified" or "blessed" on their way to sainthood.
4. How many popes have become saints?

#### TIE BREAKER!!!

5. Is there a saint with your name?

### 4. Discussion Questions (writing down answers prior to discussion may encourage deeper conversations)

1. What does it mean to have courage?
2. If the definition of courage is to "do the difficult good" what does that mean for our life?
3. What saints or saint stories can you name that illustrate courage?
4. Why does it take courage to lead a faith filled life in modern society?
5. What goal can you set for yourself to emulate your confirmation saint (or any other saint) as you prepare for your confirmation?

### 5. Closing (choose one or both)

Discuss takeaways and questions about Fr. Tilley's recent Sanctuary Lesson.

As a family, discuss your current prayer intentions and take a moment to pray together.