

# Topic: Reverence God's Name / Love the Lord's Day

## Family Lesson for Confirmation Week 10 (November 13th, 2022)

**Parent Resources**

**These resources are used in the lesson in some way. Parents, consider reading them before doing the lesson with your student. Otherwise, read them within the lesson with your student when directed to do so.**

**Catechism Readings:**

- *Catechism for Adults*, Ch. 26 and 27
  - This is the Day the Lord has Made (pg. 364-365)

**Article:**

[Faith First: God at the Center](#)

<b>1. Opening Prayer (read together)</b>	<b>2. Personal Connection</b>
--	-------------------------------

**The Divine Praises**

Blessed be God.  
 Blessed be his holy Name.  
 Blessed be Jesus Christ, true God and true Man.  
 Blessed be the name of Jesus.  
 Blessed be his most Sacred Heart.  
 Blessed be his most Precious Blood.  
 Blessed be Jesus in the most holy Sacrament of the altar.  
 Blessed be the Holy Spirit, the Paraclete.  
 Blessed be the great Mother of God, Mary most holy.  
 Blessed be her holy and Immaculate Conception.  
 Blessed be her glorious Assumption.  
 Blessed be the name of Mary, Virgin and Mother.  
 Blessed be Saint Joseph, her most chaste spouse.  
 Blessed be God in his angels and in his saints.

**Parents-** Reflect on then discuss the following:

When you were a child, did your family have any Sunday traditions? Do you have any special memories of how your family kept the Lord's day holy?

**After sharing, ask your student:**

What makes Sundays special in our house? How else could we honor God as a family on Sunday?

**3. Activity**

**Examining Iconography**

There are many ways to honor and worship God. In your recent Sanctuary Lesson, you experienced Adoration, a beautiful opportunity to sit with Christ in silence and prayer. At home, however, adoration is not available. Though you leave the Divine at Church, the sacred is rarely far away, especially if you have religious icons in your home.

An **icon** is a sacred piece of art that depicts either a scene from the Bible or Christ, the Virgin Mary, the angels, saints, or prophets of the Church. Icons are sacred, not divine, so we do not worship them, but we allow them to aid us in our worship of God, teach us about our faith, and help us visualize the teachings of the Church. According to Aiden McIntosh, a seminarian raised up for the Archdiocese of Washington, "There are many arguments in favor of using icons in catechesis in modern times, but two principal ones are that they aid with living out the faith in practice, not just in education, and they lift up the eyes and the soul to God as the center of our lives when used in devotion."

Icons are meant to be both beautiful and thought provoking and their meaning often goes beyond what we see at first glance. Every piece of the image—from the position of the hands to the look on the face—holds meaning, and by studying the icon that meaning is slowly revealed. You may find the viewing and studying of icons brings you closer to Christ, his Church, and His teachings.

**ACTIVITY DIRECTIONS:**

On the next page you will see 10 icons. Study each of the icons and match the icon with its name. When

finished, answer the questions at the end of the activity.

1



6



**Icon Name Bank**

- Sacred Heart of Jesus
- Our Lady of Perpetual Help
- The Resurrection
- Holy Family
- Madonna and Child
- Divine Mercy
- Christ All-Powerful
- Our Lady of Guadalupe
- The Trinity
- Guardian Angel

2



7



3



8



**Follow Up Questions**

1. What common traits do you see across multiple icons? Why do you think that is? (color, item, expression)
2. What do most people in the icons wear around their head and why do you think that is?
3. Icons are designed to honor God, His Son, His angels, and His saints as well as to make the viewer think. How can studying these icons help you grow in your faith?
4. What icon here (or elsewhere that you've seen) stands out to you? Why do you think that is?

4



9



5



10



5. If there is an icon that particularly stands out to you, consider printing or saving it and placing it in a prominent place you'll see everyday as a reminder to pray and reflect on God's mercy and love. Screensavers, backgrounds, or places near your bed or on the wall by your lightswitch may work well.

**4. Discussion Questions** (writing down answers prior to discussion may encourage deeper conversations)

1. Read "This is the Day the Lord has Made" (Catechism for Adults p. 364-365). What all is celebrated at each Sunday mass?
2. When attending mass, "We should join \_\_\_\_\_ in the worship, where \_\_\_\_\_ present pours out \_\_\_\_\_ of and \_\_\_\_\_ for God" (Catechism for Adults p. 365).
3. Considering what Fr. Tilley said in our recent Sanctuary Lesson and what you read in this portion of the *Catechism for Adults*, why is it important for us to attend mass every Sunday?
4. Read the article "Faith First: God at the Center" and discuss what you could do to keep God at the center of your life. Note—what they call "Life Night" is similar to "Youth Group" at our church that meets on alternate Sunday evenings.
5. In the Sanctuary Lesson last Sunday, Fr. Tilley asked you to contemplate how you can grow in your faith. After your Adoration and participation in this lesson, how would you answer that question?

**5. Closing**

**Sunday Sanctuary Lesson Reflection:**

What moved you the most from Fr. Tilley's talk? He asked you why your relationship with God is important. How did you answer that question?

**End in Prayer:**

As a family, discuss your current prayer intentions and take a moment to pray together.

**Activity Answer Key:**

1. Christ All-Powerful
2. The Trinity
3. Madonna and Child
4. Sacred Heart of Jesus
5. Our Lady of Guadalupe
6. Our Lady of Perpetual Help
7. Holy Family
8. Divine Mercy
9. Guardian Angel
10. The Resurrection