

Topic: Confirmation Saints

Family Small Group for Confirmation Week 2.2 (October 6, 2024)

Parent and Student Resources	
The resources listed below will be used in some capacity throughout the lesson. Please read them when prompted.	
Student Resources	Parent Resources
<p>A Well Built Faith:</p> <ul style="list-style-type: none"> None <p>Formed:</p> <ul style="list-style-type: none"> None <p>Other:</p> <p>How to Choose a Confirmation Saint</p> <p>List of Confirmation Saints for Guys and Girls</p>	<p>Deep Dive: None</p> <p>Articles: The Ordinarity of Sainthood</p>

1. Opening Prayer (pray as a litany or read together)	2. Personal Connection
<p style="text-align: center;">Litany of Saints</p> <p>Lord, have mercy on us. <i>Lord have mercy.</i> Christ, have mercy on us. <i>Christ have mercy.</i> Lord, have mercy on us. <i>Lord have mercy.</i> Christ, hear us. <i>Christ, graciously hear us.</i> God, the Father of heaven, <i>have mercy on us.</i> God the Son, redeemer of the world, <i>have mercy on us.</i> God the Holy Spirit, <i>have mercy on us.</i> Holy Mary, <i>pray for us.</i> St. Michael, <i>pray for us.</i> St. Gabriel, <i>pray for us.</i> St. Raphael, <i>pray for us.</i> All you holy angels and archangels, <i>pray for us.</i> St. Blaise, <i>pray for us.</i> St. Agatha, <i>pray for us.</i> St. Lucy, <i>pray for us.</i> St. Leo of Patara, <i>pray for us.</i> St. Ignatius of Antioch, <i>pray for us.</i> All you holy men and women, <i>pray for us.</i> All you holy saints of God, <i>pray for us.</i> Christ, hear us. <i>Christ, graciously hear us.</i> Lord Jesus, hear our prayer. <i>Lord Jesus, hear our prayer.</i> Lord, have mercy on us. <i>Lord, have mercy on us.</i> Christ, have mercy on us. <i>Christ, have mercy on us.</i> Lord, have mercy on us. <i>Lord, have mercy on us.</i></p>	<p>Parents- (A personal connection is a reflection on the weekly topic and how it has impacted your life. Share your reflection in 1-2 minutes with your student and then ask them the follow up questions below.)</p> <p>What saint are you the most drawn to right now? How does that saint's life inspire or influence you?</p> <p>After sharing, ask your student:</p> <p>Year 1: Have you considered your confirmation saint? If so, who and why? If not, what saint(s) inspire you? Why? Why do you think we should strive to emulate the saints?</p> <p>Year 2: Do you remember who your confirmation saint is? How has your relationship with your saint changed or deepened? Why do you think we should strive to emulate the saints?</p>

3. Activity
<p>Saint True/False! (answers at the bottom of the page)</p> <p>Read each of the following statements about saints and determine if the statement is True or False. Keep track of your answers to determine who got the most answers correct!</p> <ol style="list-style-type: none"> There are over 10,000 saints recognized and venerated by the Catholic Church. The longest streak of saints' days in the Catholic calendar is in December. St. Francis of Assisi was the first known person to bear the stigmata (the crucifixion wounds of Christ). The youngest known modern saint was only 9 years old.

5. St. Joseph is never quoted in scripture.
6. All popes become saints.
7. The first saint was canonized in the year 993.
8. St. Kateri Tekakwitha is the first Native American to be recognized as a saint by the Catholic Church.
9. The first American-born saint was St. Elizabeth Ann Seton.
10. The fastest a saint has ever been canonized after their death was just less than a year.

4. Discussion Questions (writing down answers prior to discussion may encourage deeper conversations)

1. What role do the saints play in our faith journey?
2. **(Year 1)** What do you want to look for in a confirmation saint?
3. Read the article, [The Ordinarity of Sainthood](#). Finish this sentence from the article: The saints that we honor in our Church all have one thing in common: the most significant thing they did was _____.
4. The article states that "Ordinary moments are where saints are made." What ordinary things can you do to build the Kingdom of God in your daily life?

5. Closing

As a family, discuss your current prayer intentions and take a moment to pray together.

Saint True/False Answers:

1. True-It is actually close to 11,000 ([Click here to read more](#)) 2. False- It's August 4th-16th ([Click here to read more](#)) 3. True- [St. Francis](#) bore the stigmata in 1224 4. True- It is [St. Jacinta Marto](#) who saw Our Lady of Fatima in 1917 5. True- Curious? [Click here to read more](#). 6. False-80 of the 266 popes are saints ([Click to read more](#)), the first 35 popes are all saints, 95 of 266 popes are [canonized/beatified](#) 7. True- It was [St. Udalric](#), who was canonized by Pope John XV in 993 8. True- Curious? [Click here to read more](#). 9. True- The first American saint was [St. Mother Frances Cabrini](#) but she was born in Italy. [St. Elizabeth Ann Seton](#) was the first saint born in the US 10. True- Both [St. Peter the Martyr \(1253\)](#) and [St. Anthony of Padua \(1232\)](#) were canonized in less than a year. In modern times, St. John Paul II received the speediest canonization in only 9 years after his passing.