

# Topic: Handle with Care: Human Dignity, Sin and Mercy

Family Small Group for Confirmation Week 2.4 (October 20, 2024)

## Parent and Student Resources

The resources listed below will be used in some capacity throughout the lesson. Please read them when prompted.

### Student Resources

#### A Well Built Faith:

- Introduction - *A Little H.E.L.P.* (pg xi - xiv)
- Chapter 12, *Handle with Care: Human Dignity, Sin and Mercy* (pg 95-102)

#### Formed:

- *Real + True*: "Happy Paradox of the Beatitudes"
- *Real + True*: "Is it possible to live the life of the beatitudes"

### Parent Resources

**Deep Dive:** *Catechism for Adults*, Chapter 23, 24  
○ Jesus the Teacher (pg. 307-309)

**Article:** [Victory over Spiritual Warfare](#)

## 1. Opening Prayer (read together)

### Beatitudes

Blessed are the poor in spirit,  
for theirs is the kingdom of heaven.  
Blessed are they who mourn,  
for they will be comforted.  
Blessed are the meek,  
for they will inherit the land.  
Blessed are they who hunger and thirst  
for righteousness, for they will be satisfied.  
Blessed are the merciful,  
for they will be shown mercy.  
Blessed are the clean of heart [or pure of heart],  
for they will see God.  
Blessed are the peacemakers,  
for they will be called children of God.  
Blessed are they who are persecuted for the sake of righteousness,  
for theirs is the kingdom of heaven.  
Blessed are you when they insult you and persecute you and utter  
every kind of evil against you [falsely] because of me. Rejoice and be  
glad, for your reward will be great in heaven. [Mt. 5:3-12]

## 2. Personal Connection

**Parents-** Reflect on then discuss the following:

When do you feel the most attuned or connected to Christ? What are you doing in those moments and how can you cultivate that feeling?

**After sharing, ask your student:**

Why is it important for Catholic families to be Christ-centric (Christ-centered)? What can we do as a family to make Jesus more central to our family?

## 3. Formed Video

Watch on Formed [Real + True: "Happy Paradox of the Beatitudes"](#)  
[Real + True: "Is it possible to live the life of the beatitudes?"](#)

## 4. Discussion Questions (writing down answers prior to discussion may encourage deeper conversations)

1. Read the article. '[Victory over Spiritual Warfare](#).' The article claims that "on our Christian journey to do good and avoid evil, the crux of our mission is to walk with Christ." Using the four things listed in the article as your guide, what four concrete things can you do to more intentionally walk with Christ?
2. What are 1 or 2 concrete ways that you can integrate the Beatitudes into your daily life?

## 5. Closing

As a family, discuss your current prayer intentions and take a moment to pray together.