

Topic: Building According to Code: The Commandments, Beatitudes, & Virtues
 Family Lesson for Confirmation Week 2.6 (November 10, 2024)

Parent and Student Resources

The resources listed below will be used in some capacity throughout the lesson. Please read them when prompted.

Student Resources	Parent Resources
<p>A Well Built Faith:</p> <ul style="list-style-type: none"> ● Chapter 13, <i>Building According to Code: The Commandments, Beatitudes, and Virtues</i> (pg 103-114) <p>Formed:</p> <ul style="list-style-type: none"> ● <i>Real + True:</i> “What Are the Virtues and How Do They Help Us?” ● <i>Real + True:</i> “The 10 Commandments: God's Law of Love” 	<p>Deep Dive: <i>Catechism for Adults</i>, Ch. 25</p> <ul style="list-style-type: none"> ● The Role of the Commandments, The First Commandment, Faith, Hope, Love pg. 341-343

1. Opening Prayer (read together)	2. Personal Connection
-----------------------------------	------------------------

<p style="text-align: center;">Act of Faith</p> <p>O my God, I firmly believe that you are one God in three divine Persons, Father, Son, and Holy Spirit. I believe that your divine Son became man and died for our sins and that he will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches because you have revealed them who are eternal truth and wisdom, who can neither deceive nor be deceived. In this faith I intend to live and die. Amen.</p> <p style="text-align: center;">Act of Hope</p> <p>O Lord God, I hope by your grace for the pardon of all my sins and after life here to gain eternal happiness because you have promised it who are infinitely powerful, faithful, kind, and merciful. In this hope I intend to live and die. Amen.</p> <p style="text-align: center;">Act of Love</p> <p>O my God, I love you above all things and I love my neighbor for your sake because you are the highest, infinite and perfect good, worthy of all my love. In this love I intend to live and die. Amen.</p>	<p>Parents- Reflect on then discuss the following:</p> <p style="padding-left: 40px;">Who or what contributed to your belief in God? What helps your faith grow now as an adult?</p> <p>After sharing, ask your student:</p> <p style="padding-left: 40px;">Why do you believe in God? What questions do you still have about your faith and where can you go to find the answers?</p>
---	--

3. Formed Video

Watch on Formed [Real + True: “What Are the Virtues and How Do They Help Us?”](#)
[Real + True: “The 10 Commandments: God's Law of Love”](#)

4. Activity

Find your own Calcutta

St. Mother Teresa of Calcutta, a model of the theological virtues, once wrote,
 “Stay where you are. Find your own Calcutta. Find the sick, the suffering, and the lonely, right where you are — in your own homes and in your own families, in homes and in your workplaces and in your schools. You can find

Calcutta all over the world, if you have eyes to see. Everywhere, wherever you go, you find people who are unwanted, unloved, uncared for, just rejected by society — completely forgotten, completely left alone.”

For today’s activity, we are going to accept St. Mother Teresa’s challenge to find our own Calcutta and actually practice one of the theological virtues. You can use the worksheet below to help with this activity.

- First, **pick a virtue** you would like to put into practice.
- Then, **consider what you can do in your everyday life** to implement that virtue.
- Next, **make a plan** that you can feasible execute before our next Family Lesson (over the next 2 weeks)
- Finally, after your plan is implemented, **respond to the brief follow up questions** (at the bottom of the worksheet) as a family.

OPTION 1: Make one plan as a family to implement together.

OPTION 2: Each family member makes their own plan.

Don’t forget to set a time to follow up once your plan has been implemented.

5. Closing

As a family, discuss your current prayer intentions and take a moment to pray together.

Find your own Calcutta

For today's activity, we are going to accept St. Mother Teresa's challenge to find our own Calcutta by actually practicing one of the theological virtues.

- First, pick a virtue you would like to put into practice.
- Then, consider what you can do in your everyday life to implement that virtue.
- Next, make a plan that you can feasible execute before our next Family Lesson.
- Finally, after your plan is implemented, respond to the brief follow up questions as a family (at the bottom of this form)

Pick a Theological Virtue

Faith

Hope

Charity (Love)

Create a plan to implement that virtue:

Who? (Who will be involved?)	
What? (What is the plan?)	Step One: Step Two: Step Three:
Where? (Where will it be implemented?)	
When? (When will it be implemented?)	
How? (How does this plan reflect the theological virtue you selected?)	

Follow Up:

Was your plan successful? YES NO
How did you know?

How did implementing this plan help you grow in your faith?