

Topic: Excavators and Cranes: Prayer / Access to Restricted Areas: The Lord's Prayer and How Prayer Works

Family Lesson for Confirmation Week 2.8 (November 24, 2024)

Parent and Student Resources	
The resources listed below will be used in some capacity throughout the lesson. Please read them when prompted.	
Student Resources	Parent Resources
<p>A Well Built Faith:</p> <ul style="list-style-type: none"> Chapter 16, <i>Excavators and Cranes: Prayer</i> (pg 131-8) Chapter 18, <i>Access to Restricted Areas: The Lord's Prayer and How Prayer Works</i> (pg 149-156) <p>Formed:</p> <ul style="list-style-type: none"> <i>Real + True</i>: "What does my personal prayer have to do with Mass?", Episode 2 <i>Real + True</i>: "The Holy Mass, Explained by the Catechism", Episode 4 Optional: <i>Real + True</i>: "Why the priest mixes water and wine at Mass", Episode 1 	<p>Deep Dive: Catechism for Adults</p> <ul style="list-style-type: none"> Chapter 26-27, pg. 351-385

1. Opening Prayer (read together)	2. Personal Connection
<p>Blessed be God. Blessed be his holy Name. Blessed be Jesus Christ, true God and true Man. Blessed be the name of Jesus. Blessed be his most Sacred Heart. Blessed be his most Precious Blood. Blessed be Jesus in the most holy Sacrament of the altar. Blessed be the Holy Spirit, the Paraclete. Blessed be the great Mother of God, Mary most holy. Blessed be her holy and Immaculate Conception. Blessed be her glorious Assumption. Blessed be the name of Mary, Virgin and Mother. Blessed be Saint Joseph, her most chaste spouse. Blessed be God in his angels and in his saints.</p>	<p>Parents- Reflect on then discuss the following:</p> <p>What is one of your favorite types of prayer or way to pray when you were young? Now as an adult?</p> <p>After sharing, ask your student:</p> <p>Why do you think prayer is an important part of our relationship with God? What are some ways that we has a family can pray together?</p>

3. Formed Video
<p>Watch on Formed Real + True: "The Holy Mass, Explained by the Catechism", Episode 4 Real + True: "What does my personal prayer have to do with Mass?", Episode 2 Optional: Real + True: "Why the priest mixes water and wine at Mass", Episode 1</p>

4. Discussion Questions
<ol style="list-style-type: none"> "Find your Own Calcutta" Activity Follow Up. Refer to your "Find your Own Calcutta" Activity. How is your plans going? If you are having difficulties implementing your plans, what adjustment do you need to make? Is all prayer a prayer of petition? What are some ways or forms of prayer? What is one that you feel like you need to grow in?

3. Many people have described and defined what prayer is: “prayer is a response to God” ; “prayer is a conversation with God” ; “Prayer is our awareness of the divine presence in our lives” ; “prayer is our response to God’s undying efforts to reach our hearts.” In your own words, how would you describe prayer?
4. How can Mass be a form of prayer?

5. Closing

As a family, discuss your current prayer intentions and take a moment to pray together.