

## Circle of Grace

### Stoplight Scenarios

**Directions:** Each student should have a baggie of red/yellow/green circles.  
Explain to the students what is going to happen.

You are going to read each situation below to your students (one at a time).

After reading a situation, give your student a moment to think about it.

Then ask the students to raise a red, green or yellow circle to show which kind of situation it is. Some situations, though clearly red to adults, may be unclear (yellow) from a child's perspective. This activity will help your students identify their own confusing feelings and to understand that sometimes they should talk to a trusted adult. Some possible feelings felt are in ( ) after each scenario.

*Allow time for your students to discuss their feelings connected with each situation with their parents especially if it is a yellow or red.*

#### **Scenarios:**

Your dad is planning a surprise birthday party for your mom (happiness, excitement, anticipation) – green

You decide not to laugh when a classmate falls down and cries even though your friends are laughing (sad, happy that you did not make fun of them) - green

You are waiting for your parents to pick you up from school when another kid wants to show you something on his/her phone that is really cool but tells you that you shouldn't tell anyone about it. (curious, confused) - yellow/red

Your older brother's friend wants you to play a video game your mom or dad told you not to play (worried, afraid of getting into trouble, excited to play the game). – yellow/red

You tell your teacher when you find a dollar bill on the playground and want to return it to its owner. (happy that you told) – green

Your mom or dad kisses you goodnight when you go to bed. (loved, comforted) - green

You are at the doctor and your mom is with you. The doctor checks your body to make sure it is healthy (safe, secure, embarrassed) - green

Your friend's brother takes a picture of you with his cell phone. He asks you not to tell and states that you will get into trouble. (guilty, afraid of punishment) - red

A friend wants you to do something you don't want to do because it makes you uncomfortable (pressured, confused) – red

Your grandmother/grandfather wipes your tears when you fall down and hurt yourself (loved, comforted, safe) - green