**MEETING DETAILS**

**Description: Pastoral Care Committee Meeting Minutes (approved)**

**Date:** March 12, 2019

**Time:** 7:30-9:00 pm

**Location:** Joint meeting with Parish Council – Social Hall

**Chair:** Robert Peterson (Parish Liaison)

**Members**

* **Present:**  Lori Hannasch (Parish Staff), Fran Laufle, Betty Claridge, Terry Jurek
* **Recorder:** Cindy Sobczak
* **Absent:**

**OPENING ACTIVITIES**

**Opening Prayer:** Terry Jurek

**Review/Approve previous minutes:** Approved minutes were distributed by email prior to the meeting and set to Theresa Kraus for posting to the website.

**Overall Committee Mission/Purpose**: We seek to provide comfort, support and information to all those experiencing loss, grief, illness and life’s transitions.

**Committee Goal #1:**

Identify and communicate with parishioners in need of Pastoral Care services.

**Committee Goal #2:**

Recruit and train Pastoral Care volunteers.

**Agenda Items:**

**Parish Pastoral Council Update:** Robert Peterson

* State of the parish Fr. Doug
* Blood Pressure screening announcement okayed.
* Pilot Knob signage is proceeding.
* Bob Peterson’s appointment to the Archdiocese Deanery Council.
* Parish is looking at hosting an ALL volunteer celebration during the summer.

**Old Business:**

* **Ministry Event March 3 Discussion**
	+ New members signed up for Funeral Ministry and Befriender group.
	+ PHM had signups for the blood drive.
* **Caring Calls Follow Up**
	+ Rozann Ryerson is planning on launching this program in the fall.
	+ Training is planned.
* **Blood Pressure Screening/announcement**
* The blood pressure announcements are very appropriate to inform Mass attendees that the service is available and the location.
* The number of blood pressure screenings taken after Masses is reported in the Parish Health Ministry meeting minutes and included in the Pastoral Care meeting minutes.

**New Business:**

* Fr. Bob’s Aging Gracefully presentation was held on Feb. 16 and was well attended (approx. 150 people).
* Transportation for those unable to drive to be able to attend Mass. - Lori
	+ Options are being reviewed. Darts and Metro Mobility have been contacted.
* Older Americans Month is May - Lori

**MINISTRY DISCUSSION & UPDATES - submitted in written format due to time constraints.**

**Parish Health Ministry: Terry Jurek**

**Parish Health Ministry Summary for January-February 2019**

Pastoral Care Committee Meeting 3/12/19

* Family Caregiver Support Programs:
* Core team continues to meet monthly and has 1 active client that continues to receive 1:1 visits or phone calls.
* Caregiver Support Group at Eagan Pointe continues to meet monthly with an active core group of 4-7 attendees.
* Seniors In The Know/Caregiver Education:
* On February 16, Fr. Bob Schwartz spoke on Aging Positively and Gracefully. Attendance was ~ 150!
* Upcoming topics: May 18 DARTS will present a session on Dementia. The remaining 2019 topics are: August - Falls Prevention and November - Planning Ahead: Financial and Legal Issues for Seniors.
* MN Services for the Blind (Aging Eyes program) has had no new clients for several months, even though the program is listed monthly in the bulletin on the 3rd weekend of every month.
* BP Weekends: January BP total was 30 screenings with 5 pm being the busiest mass. February BP total was 22 screenings with again 5 pm the busiest. Parish Health has purchased a second automatic BP cuff for the purposes of attracting more volunteer practitioners, as well as decreasing the time needed for each BP screening. We will continue to use both the automatic cuffs as well as the manual cuffs depending upon provider and/or parishioner preference. Continuing to explore using SignUpGenius to schedule volunteers for monthly BP screenings.
* Ministry Fair/Stewardship Sign-up: 2 new members have attended meetings and 1 more is planning to attend in March.
* Catholic Health Care Directive presentation was January 19 and had 10 attendees. 2 attendees contacted the presenter, Rozann Reyerson, for additional information. Per the class evaluation form, Saturday from 3-4:45p is the preferred day/time for these presentations. The next presentation will be in May: Part 1-Hospice and Palliative Care on May 4th and Part 2-Aging in Place and Dying at Home on May 11th.
* MN Services for the Blind has had no new clients since June, even though the free service is advertised monthly in the bulletin.
* The 2019 Red Cross blood drive will be on Thursday April 4 from 1-7 pm in the social hall. Sign-ups will begin in March at the Pastoral Care Ministry Fair.

**Stewardship Focus: Encounter, Hospitality** (appreciation)

**Prayer Shawl: Cindy Sobczak**

* The group meets regularly on the first Wednesday morning from 10:00 – 12:00.
* The group donations for January and February: Parishioners in need of comfort and prayer and Our Lady of Peace, Grief to Grace retreat, and Open Door (food shelf).
* **Stewardship focus: Encounter - Hospitality**

**Communion to the Homebound: Lori Hannasch**

* This is an active group distributing communion on a scheduled basis.
* Lay presiders/Communion Minsister to the homebound.
* Need has increased over the winter as it usually does. All callers have been females the last few months. There are also several male ministers available.
* **Stewardship focus: Encounter - Hospitality**

**Care Center Ministry: Lori Hannasch**

* **Commons on Marice:**

1st and 3rd Wednesday, Word and Communion Liturgy 2nd and 4th Wednesday, Mass 5th Wednesday, Rosary Ashes were distributed to the residents on Ash Wednesday during the Word and Communion Liturgy.

* **Eagan Pointe**:

1st Wednesday, Mass 2nd Wednesday, Word and Communion Liturgy We had a large turnout for Ash Wednesday Mass on March 6th as we offered ashes to any residents who would like to participate.

* **Brookdale Memory Care:**

Every Sunday, Word and Communion Liturgy Every Tuesday, Rosary We are in need of two additional rosary leaders at Brookdale and in the process of filling one of the positions.

* **Stewardship focus: Encounter - Hospitality**

**Prayer Line: Lori Hannasch**

* Prayers continue to come in via the website prayer line, email and phone.
* Currently there are 46 volunteers on the prayer chain.
* **Stewardship focus: Encounter**

**Funeral Ministry: Lori Hannasch**

* We held 9 funerals between January 8 and February 11, 2019 (34 days). We have three funerals already scheduled for April and May.
* **Stewardship focus: Encounter - Hospitality**

**Befrienders: Lori Hannasch**

* Responsible for being a listening presence for those facing challenging situations in everyday life
* Our 5 new BeFriender Ministry Candidates are currently in the ‘Taking Stock’ process through March 31st to discern if they feel called to be commissioned a BeFriender Minister. Commissioning will take place during noon Mass on Sunday, April 7th.
* **Stewardship focus: Encounter - Hospitality**

**SUPPORT GROUPS**

**Depression Support Coalition: Lori Hannasch**

* This is a group of south suburban churches who gather together to support, educate, and offer hope to those who struggle with depression. Evening meetings include guest speakers and facilitated, small group discussions.

March 19 - Louisa Hext MA, “Unlocking the F word: Forgiveness, the Key to our Mental Health”

April 23 – Anne Rosario PHD, CAPP (parish parishioner), “The Gift of Positive Psychology”

May 21 – Kay King NAMI, “Family Psychoeducation and Support”

The Spring Series is being held at St. Thomas Becket. There is a free will offering taken.

* **Stewardship focus: Encounter**

**Growing Through Loss Coalition: Lori Hannasch**

* This is an interdenominational coalition of south suburban churches that offers free support for adults experiencing loss, grief, transition, or relationship and health challenges. Evening meetings include speakers and facilitated, small group discussions.
* Shepherd of the Valley Lutheran Church in Apple Valley will host the Spring Series on Thursday evening – March 14, 21, 28 and April 4, and 11, 2019. Suggested donation is $3.00.
* **Stewardship focus: Encounter**

**AA/Al-Anon**

* AA meets on Tuesday evenings from 7:15 to 8:15 pm
* Al-Anon is a support group for the families and friends of alcoholics. The chapter meets Mondayevenings from 7:00-8:30 pm and Saturday mornings from 9:30-11:00 am.

**ENRICHMENT AND EDUCATION**

**SALT Coalition: Lori Hannasch**

* SALT (Seniors Learning Together) – The Spring 2019 Series will run Monday, April 29, May 6, 13 and 20 from 9:30-11:45 a.m. at the Church of the Risen Savior in Burnsville. Similar to the last series, no preregistration is required. Cost is $5.00 per week for the morning learning sessions. An optional lunch afterwards is an additional $10.00.

**CROSS-COMMITTEE REQUESTS AND UPDATES**

AGENDA ITEMS FOR NEXT MEETINGS

Brochure updates

**Next Meeting:** Tuesday, May 14, 2019