

MEETING DETAILS

Description: Pastoral Care Committee Meeting Minutes (approved)

Date: November 13, 2018

Time: 7:30-9:00 pm

Location: Joint meeting with Parish Council – Social Hall

Chair: Robert Peterson (Parish Liaison)

Members

- **Present:** Lori Hannasch (Parish Staff), Fran Laufle
 - **Recorder:** Cindy Sobczak
 - **Absent:** Betty Claridge, Terry Jurek
 - **Change:** Yvonne Krisnik moved to Worship Committee
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OPENING ACTIVITIES

Opening Prayer: Lori Hannasch, prepared by Terry Jurek

Review/Approve previous minutes: Approved minutes were distributed by email prior to the meeting and set to Theresa Kraus for posting to the website.

Overall Committee Mission/Purpose: We seek to provide comfort, support and information to all those experiencing loss, grief, illness and life's transitions.

Agenda Items:

Parish Pastoral Council Update: Robert Peterson

- There is an open seat on the Parish Council.
- Signage on Pilot Knob entrance is being discussed.
- Stewardship results with approx. 150 for Pastoral Care. Lori will make or assign contact calls.

Prayer of the Faithful: Lori Hannasch

The group discussed the Prayer of the Faithful. Currently we have no set guidelines on who, or how long, or anything else in regards to who gets placed on the Prayers of the Faithful for the sick during weekend liturgies. All individuals being prayed for are also included in our Book of the Sick and we do pray in the intercessions "for those in the Book of the Sick" at each Mass. Is it necessary to name them? Or perhaps when a request comes in there is a limit on how often we say their name specifically during Mass (say two weeks) and then they are included with those in the Book of the Sick? Or must they be considered terminal to be named aloud? Besides the prayer chain is there another option for listing their names – say bulletin or weekly email update –as an alternative for saying their names aloud during Mass. The goal is to look at all possible options and make a recommendation so we are consistent across the board for all parishioners.

Old Business:

New Ministry - Caring Calls Ministry: Rozann Reyerson

Caring Calls is a program that would be collaborative between Pastoral Care and Wit and Wisdom 55+ in offering a daily morning prayer and a wellness check for home bound, lonely, and/or vulnerable parishioners. The process and training was discussed. The committee concluded that this ministry should be presented to the Parish Council and Father Doug for approval.

New Business: Lori Hannasch

A new format for the Family Caregiver Support Program was reviewed. It is recommended that the Pastoral Care ministries update their brochures with the new format. Lori will assist with the update.

Committee Goal #1:

Identify and communicate with parishioners in need of Pastoral Care services.

Committee Goal #2:

Recruit and train Pastoral Care volunteers.

MINISTRY DISCUSSION & UPDATES - submitted in written format due to time constraints.

Parish Health Ministry: Terry Jurek

- Family Caregiver Support Programs:
 - Core team continues to meet monthly and completed the annual review of the program procedures with updates as needed to the “tool box”. The program has 1 active client that continues to receive 1:1 visits or phone calls.
 - Caregiver Support Group at Eagan Pointe continues to meet monthly with an active core group of 5-7 attendees.
- Seniors In The Know/Caregiver Education offered 2 presentations:
 - The next session will be New Changes to Medicare Plans for 2019 on Saturday, November 17. The speaker will be Linda Walker, a licensed social worker for DARTS, who does the annual Medicare updates for SJN.
- MN Services for the Blind (Aging Eyes program) had 1 new client in May and 3 new clients in June. The program is listed monthly in the bulletin on the 3rd weekend of every month.
- BP Weekends: September BP total was 44 screenings with 5 pm and 10 am being the busiest masses. October BP total was 28 screenings with the 10 am the busiest. New BP guideline handouts are available for parishioners upon request. Parish Health is investigating purchase a second automatic BP cuff for the purposes of attracting more volunteer practitioners, as well as



decreasing the time needed for each BP screening. Also being investigated is a scheduling system that would allow practitioners to sign up in advance instead of month by month.

- CPR/AED training was offered on October 9 with 10 parishioners (2 no shows) completing the class. The next class will be offer in spring 2019.
- Medicare presentation August 25 had 17 in attendance. Linda Walker, a licensed social worker who specializes in working with seniors, was the speaker. This presentation focused on understanding all the parts of Medicare. With many new Medicare changes coming in 2019, Linda will be offering an update of these changes on November 17-see Seniors in the Know above.
- MN Services for the Blind has had no new clients since June, even though the free service is advertised monthly in the bulletin.
- Dementia Friends had 9 attendees on October 2.
- New Parish Health Ministry brochure is now available in the pamphlet rack near the hallway bulletin boards.
- Plan Ahead - Sacrament of the Sick, Pre-funeral Planning, and Legacy Fund presentation was Saturday, November 3 and had 14 attendees.

Prayer Shawl: Cindy Sobczak

- The group meets regularly on the first Wednesday morning from 10:00 – 12:00.
- The donations for September and October were to parishioners, Health Partners Hospice, and Grief to Grace Retreat members.

Communion to the Homebound: Lori Hannasch

- This is an active group distributing communion on a scheduled basis.

Care Center Ministry: Lori Hannasch

- Commons on Marice: Mass 2nd and 4th Wednesdays. Communion 2 times per month. Rosary once per month. Mass averages about 26 people in attendance.
- Eagan Pointe: Mass on 1st Wednesday. Communion on 2nd Wednesday.
- Brookdale Memory Care: Communion every Sunday after 10:00 Mass. Rosary once per month

Prayer Line: Lori Hannasch

- Prayers continue to come in via the website prayer line, email and phone.

Funeral Ministry: Lori Hannasch

- Lori Hannasch reported that there were 40 funerals at SJN from November 1, 2017 to October 31, 2018

Befrienders: Lori Hannasch

SUPPORT GROUPS

Depression Support Coalition: Lori Hannasch

- This is a group of south suburban churches who gather together to support, educate, and offer hope to those who struggle with depression. Evening meetings include guest speakers and facilitated, small group discussions.

Growing Through Loss Coalition: Lori Hannasch

- This is an interdenominational coalition of south suburban churches that offers free support for adults experiencing loss, grief, transition, or relationship and health challenges. Evening meetings include speakers and facilitated, small group discussions.

AA/Al-Anon

- AA meets on Tuesday evenings from 7:15 to 8:15 pm
- Al-Anon is a support group for the families and friends of alcoholics. The chapter meets Monday evenings from 7:00-8:30 pm and Saturday mornings from 9:30-11:00 am.

ENRICHMENT AND EDUCATION

SALT Coalition: Lori Hannasch

- (Seniors Learning Together) The group meets at Risen Savior. Fall series was held on September 10, 17, 24 and October 1. The programs were well attend.

CROSS-COMMITTEE REQUESTS AND UPDATES

AGENDA ITEMS FOR NEXT MEETINGS

Follow up on Stewardship results.
Continue discussion on Prayers of the Faithful.

Next Meeting: Tuesday, January 8, 2019