

MEETING DETAILS

Description: Pastoral Care Committee Meeting Minutes (approved)

Date: 9/07/17

Time: 7:00pm

Location: Joint meeting with Parish Council – Social Hall/Room 7

Chair:

Members

- **Present:** Terry Jurek, Cindy Sobczak, Sherri Stella, Betty Claridge, Robert Peterson (Parish Liaison)
- New Members: Evelyn Heselton, Lou Lou Larson-Fine, Anne Rosario
- Absent:

OPENING ACTIVITIES

- **Opening Prayer:** Father Doug Sherri Stella
- Welcome to new members: Evelyn Heselton, Lou Lou Larson-Fine, Anne Rosario.
- **Review/Approve previous minutes:** Approved minutes were distributed by email prior to the meeting and sent to Theresa Kraus for posting to the website.
- **Overall Committee Mission/Purpose**: We seek to provide comfort, support and information to all those experiencing loss, grief, illness and life's transitions. Revision made to add the word information to previous statement)

Agenda Items:

Committee Goal #1:

Identify and communicate with parishioners in need of Pastoral Care services.

Committee Goal #2:

Recruit and train Pastoral Care volunteers.

Parish Pastoral Council Update: Robert Peterson

• The results of vote by attendees to change the Mass schedule for Christmas weekend resulted in option #2 being approved.

MINISTRY DISCUSSION & UPDATES

Parish Health Ministry: Terry Jurek Parish Health Ministry Summary for June-August 2017

- Family Caregiver Support Programs:
 - 2 new clients, 1 whom was looking for resources and the other is 1:1 counseling



- Planning has begun for "Caregiver Coffee" starting on Saturday September 23 from 8:45-10am. This will be a drop-in event with a mini resource fair and an opportunity to speak with any of the team members (3 nurses and social worker). The plan is to offer this for 2 months and then determine by participation if it should continue, and if so, how often.
- Caregiver Education series on July 15 was on Financial and Legal Aspects and had 13 attendees.
- Caregiver Support Group at Eagan Pointe continues to meet monthly with a core group of 5-7 attendees.
- MN Services for the Blind (Aging Eyes program) has not been listed in the bulletin and therefore have no new clients. Will be working on getting a monthly notice in the bulletin starting in September.
- BP Weekends: June total was 28 screenings with the 8 am being the busiest mass. July total was 42 screenings with the 10 am being the busiest.
- PHM summary of 40th Anniversary Celebration: We staffed the 1st aid station both Saturday evening and Sunday afternoon. We administered 1 bandaid for a finger cut on Saturday, 1 bandaid for a finger cut on Sunday, as well as dispensed 2 Acetaminophen to an adult for headache relief. We did a total of 48 blood pressures between the 1st aid station both Saturday and Sunday, and a table near the social hall entrance on Sunday.
- Health related bulletin board topics for the 2017-18 calendar year have been determined and a volunteer assigned for each month.
- Medicare Update was presented on Sunday August 27 from 11 am 12 noon. The presenter, Linda Walker, is a licensed social worker and member of SJN. There were 14 in attendance.

Prayer Shawl: Cindy Sobczak

- The group continues to meet twice a month. Some members create prayer shawls at home as well.
- Report for June- August: 41 prayer shawls were created and donated by members. 36 prayer shawls were distributed to parishioners, VA Medical Center Chaplin, Commons on Marice, and the Open Door (Eagan Food Shelf).
- It was suggested that an article should be added to the bulletin explaining the Prayer Shawl Ministry.

Communion to the Homebound:

• This is an active group distributing communion on a scheduled basis.

Care Center Ministry:

• Commons on Marice: Mass 2nd and 4th Wednesdays. Communion 2 times per month. Rosary once per month.



- Eagan Pointe: Mass on 1st Wednesday. Communion on 2nd Wednesday.
- Brookdale Memory Care: Communion every Sunday after 10:00 Mass. Rosary once per month.

Prayer Line:

• Prayers are requested on lined and reviewed to conform to privacy policy.

Funeral Ministry: Sherri Stella

- Lou Lou Larson-fine suggested that the funeral music be coordinated with the music director for an approved listing of music/songs for funerals.
- Evelyn Heselton reported that there is a need for more volunteers, meal selections and coordinators for the funeral luncheons.

Stephen Ministry: Sherri Stella

• The training for the new Stephen Ministers is complete.

SUPPORT GROUPS

Depression Support Coalition:

- This is a group of south suburban churches who gather together to support, educate, and offer hope to those who struggle with depression. Evening meetings include guest speakers and facilitated, small group discussions.
- New sessions began in August.

Growing Through Loss Coalition:

- This is an interdenominational coalition of south suburban churches that offers free support for adults experiencing loss, grief, transition, or relationship and health challenges. Evening meetings include speakers and facilitated, small group discussions.
- A new series begins 9/18/17 being hosted at St. Thomas Becket Church.

Support Group for Care Givers:

• This group has been cancelled due to no attendance.

AA/Al-Anon

- AA meets on Tuesday evenings from 8:00 to 9:00 pm.
- Al-Anon is a support group for the families and friends of alcoholics. The chapter meets Monday evenings from 7:00-8:30 pm and Saturday mornings from 9:30-11:00 am..

ENRICHMENT AND EDUCATION

SALT Coalition:

• The fall series will begin on 9/17/17 at Risen Savior Church.



CROSS-COMMITTEE REQUESTS AND UPDATES

• The group discussed the need for a volunteer recruitment to be held as a way to inform parishioners of volunteer opportunities and as a way to recruit new members for the Pastoral Care ministries.

AGENDA ITEMS FOR NEXT MEETING

- Pastoral Care Committee is in need of a volunteer to serve as the chairperson.
- Setting goals and objectives for the coming year. The Committee Reporting Tool is due by mid-December.

TO DUE BEFORE NEXT MEETING

• A review of the Committee website should be done before there is a volunteer recruitment. (Cindy Sobczak)

NEXT MEETING:

November 2, 2017